



Featuring Oscar A. Aguirre, MD, FACOG
Founder of Aguirre Specialty Care
Specializing in urogynecology, cosmetic gynecology,
body contouring and dermal aesthetics

QUESTION: *I am only 32 years old, but after childbirth I am having problems with bladder leakage. Is this normal and what can I do about it?*

ANSWER: It is not normal, no matter your age or whether you have had children or not. The majority of the patients I treat for bladder leakage, known as urinary incontinence, range in age from 30 to 50. There are both non-surgical and surgical treatment options available. The surgical options are incredibly successful and minimally invasive. Learn about treatment options at www.ASCdenver.com.

QUESTION: *I regularly deal with pain and discomfort when I run, wear tight jeans and have intercourse because of my enlarged labia. I want to have it taken care of, but am concerned about the stereotype that only "certain" kinds of women have labiaplasty. I am just an average, normal woman – is this for me?*

ANSWER: Yes, labiaplasty is something I would encourage you to consider. I've completed hundreds of successful procedures for women just like you. The stereotype is misleading and simply untrue. Read testimonials from women who have been through the process and learn more at www.ASCdenver.com.

QUESTION: *Despite a healthy diet and regular exercise program, I have a tummy pooch that I can't get rid of. I am interested in liposuction, but don't want to go through a major surgery. What are my options?*

ANSWER: Liposuction can now be done as an easy in-office procedure. SmartLipo™ MPX and VASER® LipoSelection are both minimally invasive, easy procedures that can be done in the comfort and privacy of our office. See before and after photos at www.ASCdenver.com.

— Dr. Oscar A. Aguirre



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